



**REGIS UNIVERSITY STUDENT GOVERNMENT ASSOCIATION
CLUB/ORGANIZATION INFORMATION FORM**

Club Name: Active Minds

Club President: Morgan Slaughter

Club Contact: Cindy Wander (Advisor) or Morgan Slaughter

Contact Information

Phone: Cindy - (303) 964-6018

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Club Description: A club to promote awareness of mental health, reduce the stigma that is attached to mental health and inform ourselves and others about suicide prevention. Because this group plans events, new members are only accepted at the beginning of each semester. However, we are always open to help and support from the Regis community!

Club Goals: To inform students of ways to maintain good mental health, how to deal with stress in a healthy way, and to throw events which allow students to relieve stress and reduce the risk of suicide.

Meeting Locations: West Hall Conference Room

Meeting Time: Wednesdays from 6-7pm